

REFLECTING SHEBBEAR



VOLUME 23, COVID-19 ISSUE 2020

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From the Chair

Unfortunately at this time, owing to the pandemic, which has forced all our local organisations to suspend their activities we are unable to put together a magazine that we are all used to.

In March when the lockdown was first introduced the magazine had already gone to the printers but we were concerned about being able to distribute to the whole parish so we took the decision to stop it and to put it on line only. As it was the end of our financial year all our advertisers were due to be asked to renew their subscription for the next twelve months. With the whole country virtually shut down we did not feel it was the time to approach them.

We are hoping that by October we will be able to have a full issue, with hopefully some more positive input from our local organisations.

For the moment we are putting this on line to keep people up to date with what is happening. We have some articles which will have some bearing on the pandemic and its effect on the village.

In late May I wrote to our subscribers, that is people who live in different areas of the country, to let them know that we would not be publishing a magazine for June and I received a letter from David Salter from Cardiff which we have printed here with his permission. If anyone has any memories of Janet I would be grateful if you would contact me so that I can pass on any information to David.

I would like to thank all those who have contributed to this issue to make it a record of how our village has been coping in lockdown and that hopefully now we can look forward to some better times to come. Many positive things have happened during this time and maybe our community will be stronger in the future.

Best wishes

Margaret Quance

Life At The Business End Of The Cow

Chris Andrew

During the past few months life has been pretty much business as usual on the farm, the cows didn't go on furlough so neither did I, the cycle of planting and harvesting still carried on as normal, cows were milked, the lorry came and collected the milk as has happened since I started farming 30 years ago and indeed before that.

The biggest difference for us has been that the road was so much quieter, we could walk the cows across the road to pasture any day of the week

without getting scowled at by a passing motorist who I'd made late for work, even the cats started lying in the middle of the road, but they did get a shock when traffic started moving again.

Also for three months I wasn't bothered by the threat of Farm Assurance inspections, they were suspended so I didn't wake up wondering if today was the day I'd get that phone call 'I need to come and inspect your premises, make sure you haven't any cobwebs in the cowshed'.

What was striking for me was back in March when supermarket shelves were being cleared I didn't notice anyone leaving food behind because it hadn't got a little red tractor sticker on it, makes me wonder if farm assurance is quite as critical as those whose job depends on it would want us to believe!

The biggest change for me was church life, most weeks I'd be at church on a Sunday morning where sometimes I'd be preaching and an evening meeting which I lead on a Monday or Tuesday, plus as a church leader I'd have business meetings to prepare paperwork for and attend regularly as well, all this stopped and I realized how much of my spare time is spent preparing for and attending meetings, the break has been refreshing, and a completely clear diary quite liberating, I've been forced to spend more time with my family, they're really not that bad, we get on surprisingly well!

It has made me think though, man thinks he is so smart, so clever and almost invincible sometimes, then something like this virus comes along that we have no control over and for most turns life upside down, causes panic and worry and makes you wonder what the future holds. I said at the beginning that it was pretty much business as usual on the farm, almost 20 years ago foot and mouth disease hit this parish and devastated many herds, since that the scourge of TB has impacted many farm businesses as well, so nothing in this life is certain.

Covid-19 for many around the country will leave a lasting impression, whether it be through losing a loved one, NHS workers who keeping going but who have now burned themselves out, or business owners and their staff who aren't going to see business return and will be forced to close.

One of the benefits of a clear diary is that I was able to read the bible without having to prepare a sermon afterwards so just to absorb it rather than think how I'd explain it to a congregation later, I read this;

"Be still and know that I am God" Psalm 46 verse 10

Back at church (Torrington Baptist Church) we've started opening back up, we've created a quiet space for people to come and reflect and pray, and now we're opening up for services, there won't be

any singing and social distancing will be in place, so no hugging or handshaking but we will be meeting with God because we believe He hasn't moved or changed and whatever happens in this life He is one we can trust and depend on.

Now life is slowly returning to some sort of normality, cars have started moving again, towns are getting busier, I had to give way to someone at Stibb Cross the other day, I haven't had to do that for weeks and then last week, oh the irony, I had an email from the farm assurance inspector, apparently she wants to come and check for cobwebs!

Little Bears Pre School

On Wednesday 18th March it was announced that all schools and Pre Schools would close on Friday 20th March. The Pre School like others had to find out if there was a need for them to stay open to look after Key Worker and Vulnerable Children. In the case of Little Bears Pre School there wasn't. Staff stayed in contact with all parents to check if our Key Worker parents needed the Pre School to open during lockdown. Easter came and went and the Staff had put together activity packs which were sent out to each Child who attended Pre School before lockdown.

During lockdown there was a lot of information coming from the government and the Early Years Alliance. Little Bears Pre School would like to thank the CIO trustees Victoria Tonkin, Sallie-Ann Salter, Sara Newby and Tracey Worth, who are all volunteers and working parents for the time they spent reading all the reports and emails and communicating with the other trustees, while they were still working and home schooling their own children.

When we headed to the middle of May the government announced that Schools would be opening for year R, Year 1 and Year 6 from the 1st June. Not long after this announcement they announced that Pre Schools would be able to open as well on the 1st June. However they did not publish the early years guidelines for opening until 23rd May. The Pre School staff and CIO trustees had a good idea what would be in the guidelines from reading the School guidelines which had been publicised so had started to order PPE, hand sanitizer etc. To give the staff time to set up the Pre School ready to welcome children back the decision was made that the Pre School would welcome children back from the 8th June, giving the staff a week to prepare the Pre School and contact parents. The staff has done a great job redesigning the Pre School classroom and working hard to clean toys and items in the shed. They had to redo the daily plan to add in more handwashing, cleaning of toys during the day and a deeper clean every day after Pre School. New policies have been written

and new drop off and collection rules. Thank you to the Staff for all their hard work.

We would also like to thank all the parents who have accepted the changes that had to be made and abiding by the new rules.

Currently at the end of June and we are welcoming back more children each week. We are now heading towards the summer Holidays and planning for September. We say goodbye to 8 children who are starting School in September.

If you are thinking about starting your child at Little Bears Pre School in September please contact the Pre School on 01409 282856.

The Pre School CIO trustees had big plans for the Easter Holidays. Just before lockdown we had two raised beds made to grow fruit and veg in. The compost has been delivered and the plan was to set up the raised beds during the Easter holidays for the children to start planting after the Easter holidays. This was unable to happen. Fingers crossed next year or even in the Autumn the raised beds will be set up and we will be able to share photos of the fruit and veg the children have grown.

The second plan was to have the path into the Pre School made wider. This was unable to happen during the Easter Holidays. However it did happen the first week of June, before the Pre School children returned on the 8th June.

Little Bears Pre School would like to thank Kim Rumsam from Westcountry Concrete Services for kindly providing the concrete and services to widen the path and Derek Hutchings of Peter Hutchings Agricultural Contractors, Frithelstock, who have been kind enough to donate the excavation costs to us too. Thank you to both local businesses for their support. We would like to thank Mark Pattenden and Robin Monaghan for levelling out and moving the left over soil. We would like to thank everyone who has donated plants, which have been planted alongside the fence.

The Pre School fundraising team had to cancel the Wine and Wisdom which was booked for the 20th March and the Bags 2 School collection which was booked for 21st April. No plans at the moment to set a new date for the Wine and Wisdom, I don't think it will be until 2021. As I write this we are trying to get a collection date for the Bags 2 School. Thank you to everyone who has dropped off bags at the Pre School and at Eastfield Farm. This year we are not going to be able to fundraise as we do each year so every little helps.

Selina Woollacott

Shebbear Helps Fund PPE Production

Annie Sparrow from Great Torrington School

At the onset of the Corona virus pandemic it quickly became apparent that there was a desperate shortage of PPE equipment for keyworkers across the country. Schools with DT facilities were approached to see if they could help and the indomitable Fay Fisher from Great Torrington School stepped forward.

As a school we are lucky enough to have both a 3D printer and a laser cutter and we therefore knew that we would be able to produce the patented NHS approved design, providing we could get a regular supply of appropriate materials and people power. This is where I stepped in, setting up a go fund me page to enable us to buy the plastic that we needed. I was flabbergasted to discover that within two days we had raised almost £2300 and that I had to beg people to stop giving as we did not have capacity for more than a certain amount. An Amazon wish list was also created and such was the wonderful response of the people of the Great Torrington area that within a few days we were able to establish production.

[News that GTS was attempting to raise funds reached Shebbear in April, and the Reflecting Shebbear committee decided that we had to help, and donated £500 on your behalf. Mike]

Thence began the manufacturing process! With true GTS spirit there was certainly no shortage of volunteers, and we are particularly indebted to our DT technician, Nick Naylor, and teaching assistant Tom Heath, who were involved in the entire process with us. At times it was a fraught and frustrating process, but with determination and creativity we succeeded in making over 2700 clear plastic visors.

Once it became known that we had free PPE available the floodgates opened and we were inundated with requests from key workers in a variety of fields. This was quite a stressful time as we were also adapting to the strange new world of virtual teaching, which believe it or not is far less satisfying and more stressful for some of us than being in a classroom with thirty teenagers!

Just as we were about to hang up our aprons and strip off our face masks Fay received a desperate plea from the Pelican Ward at Great Ormond Street Hospital, who specialise in working with children who have compromised immunity. Our last two days were spent producing and packing over 250 visors for GOSH before sending Fay off to the bright lights of the city to deliver them in her little silver car. It was a very emotional and rewarding moment. Even once the official manufacturing ceased Fay continued production for our local feeder primary

schools, enabling fourteen schools to feel more confident about safer opening and taking our grand total to over three thousand visors made.

Amongst the many groups that we supplied to were North Devon, South Molton and Exeter RD & E hospitals, Stratton Minor Injuries Unit, all of the care homes in Great Torrington, and many others from across North Devon and beyond. We also provided for Ilfracombe and North Devon Community nurses, a GP from Ilminster, many individual carers (who really struggled to get PPE in small quantities), Tavistock Carers, First Responders and a colleague who was teaching on the Isle of Wight. Where necessary we also provided a delivery service to people who were unable to collect.

We are very proud to have provided the help that we could for those who have worked so selflessly at this difficult time. We could not have done this without the support of our local community and I would especially like to thank the people of Shebbear for your very generous donation via your Village magazine. We are now very much looking forward to getting back to our normal day job in September, working with the wonderful staff and young people of GTS.

Shebbear Football Club

Bonus Ball Winners

March

7th 42 Louise Carden
14th 14 Audrey Jewell
21st 41 Chris Haste
28th 11 Darren Hayler

April

4th 25 Jean & Mick Kenneally
11th 50 Mick Tucker
18th 26 Mel Pattenden
25th 36 Matt Facey

May

2nd 47 Bill Carden
9th 59 Andy Tod
16th 34 Lauren Stevens
23rd 54 Tessa Pennington
30th 45 Shelley Fleming

June

6th 33 Pam Vanlancker
13th 42 Louise Carden
20th 13 Judi Hayler
27th 12 Ann Howell



200 Club Winners

March:

139 Hayley Jollow
56 Jack Squire
100 Ian Luxton

April:

108 Ann Martin
30 Jack Howell
152 Jeremy Jollow

May:

133 Ruby Harris
49 Phyllis Edge
180 Wendy Woods

Lockdown News from Lake Chapel

Ted Lott

Well, it's been going on a long time hasn't it. And for those of us (like this writer) accustomed to Chapel on Sunday and Male Voice Choir Practice on Wednesday evenings it has been difficult to decide which day of the week we are in.

Thus, here we are with an opportunity to roll back the weeks and indeed months since the lockdown was declared.

Let's begin with Congratulations.

Very early in Lockdown Exeter University decided to bring forward their Graduation Date. Graeme and Judith's elder son Matthew Quance of Wootton Farm had successfully completed his studies at the University Medical School and on May 1st 2020 Matthew Quance graduated as a Doctor of Medicine. The formalities were completed on line and Dr. Matthew Quance became available to serve with the National Health Service.

At the time of writing this, Dr. Matthew is practising with the Medical Staff at N.D.D. Hospital at Barnstaple. Congratulations Matt, all the members of your family are quite rightly proud of your achievements, and this is to say, Dr. Matthew Quance, Shebbear is proud of you too! May God Bless your Medical career and in present circumstances keep you safe!

The month of April brought with it the sad news that Cedric Parish had passed away. Cedric and his wife Florence, retired to Holsworthy several years ago, when Florence passed away she was buried in Lake Chapel Cemetery. The Lockdown restrictions led to a graveside burial service for Cedric Parish as he was laid to rest beside Florence. Cedric will be remembered in Holsworthy as well as Shebbear as a Methodist Local Preacher, a true Devonian and a wonderful friend to so many of us.

As the Lockdown begins to become unlocked, we may well ask, what does the future hold for us? Just recently in our Torridge Circuit Chapels we have heard the news that our much-loved Minister Rev. Lynne Burgon will be retiring at the end of this September. Lynne is experiencing problems in her neck and spine and the time has come for her to take life a little easier. We will miss Lynne's Ministry and we thank her for all the help she has given both pastorally and practically, and in particular for her support at the time of the setting up of Shebbear Coffee Mornings, and we can only hope that the Coffee Mornings can commence again soon.

Until the details of the rules and regulations surrounding Public Worship are known it is difficult

for plans to be made, so in the meantime it may be that Zoom Services will continue for some time yet!

At Lake Chapel we trust that our United Services with St. Michael's Church may continue to grow, and perhaps post coronavirus the time will come for the Holy Spirit to run riot!

The Newton St.Petrock Choirs

Well there we all were, back in Lake Chapel Schoolroom for our Wednesday evening practice. We'd had our Christmas break and a very enjoyable Choir lunch and it was time to get practising with Musical Director Rev. Susanna Metz, our new conductor with new pieces to be learnt and new concerts to prepare for. In fact all ready to go, and Lockdown put a stop to it all!

As far as we know, we are thankful to report that all our Choir members are well. Our past M.D. Norman Turner is making a good recovery from the operation he had. As for the rest of us just one common complaint FRUSTRATION!!

How long it will be before Choir practices can recommence, who knows?

It's not easy to sing wearing a mask!

When the choirs recommence why not come along and join in?

We will all be starting from scratch.

Shebbear Skittles Club

2019 - 2020 Results

Highest average

Mens A Tim Vanstone 56.03
Mens B Hilary Boyd 55.31
She Bears Hilary Boyd 51.80

Highest Individual Score Home Alley

Mens A Debbie Neale 76
Mens B Darren Hayler 70
She Bears Jane Dixon 69

Shield Highest Team Score Home Alley

A 361

Highest Spare

Andrew Moore 26

Emergency Contact Shebbear Community School

The School Out of Hours Emergency Contact (K9) is 0800 84 96 84 93. Now on Contacts page.

Shebbear Community School v Covid 19

This was a game that we hadn't anticipated playing, however once schools were closed on the 20th March there was no avoiding it.

At the start of the game, our Captain (Mr Alford) was on the bench having to self-isolate at home, but continued to offer advice and leadership to the rest of the team, focusing on strategy and the end game.

Early into the match, play was fully abandoned with everyone remaining at home - this continued for a few weeks and then demand was such that we returned to the pitch, albeit with a skeleton staff and a few key worker children. Happily the Captain was back and running all over the pitch offering support and motivation to all.

Teachers and support staff worked hard to deliver lessons either in paper or electronic formats; free school meals vouchers were provided where necessary; many phone calls home were made to keep everyone in touch; a Facebook page was set up and the photos flooded in; and a couple of montage videos were made to boost spirits. The community rallied behind our call for knitted/crocheted/crafted flowers and the wonderful rainbow was created offering a hopeful sign to us all.

At the same time VAR - well, Zoom and Teams - were embraced by all and many, many meetings were held to ensure that the team remained 'tight' and focussed on winning. Governors met frequently to ensure that they could offer support and meet their responsibilities.

News came that from the 1st June we were to resume play, albeit with reduced players and support staff. We rose to this challenge, and welcomed 10 children into school - it seemed very eerie and quiet, similar to playing without a crowd.

Four weeks later, at the time of writing we have 36 children in school and our 'new normal' is going well. There is the quiet 'hum' of a school about its work drifting down the corridors. Many of you will have heard the happy sound of children playing at break times and as well as managing the current situation we are looking ahead and preparing for next term.

We have been able to open the school up to all year groups, within the guidance and recommendations issued by the DfE, so that all children have the opportunity to be 'substituted' on and have a game before the end of term - it has been really lovely to welcome them back and they, too, seem really pleased to return. We have worked really hard to provide our very best support for our children and parents as we know that home-learning can be really difficult!

We hope that the end whistle is in sight very soon and we emerge victorious in the post-match analysis.

Shebbear Community School

Shebbear & Buckland Filleigh Flower Show

For the first time in 67 years the Flower Show has had to be cancelled, due to the Covid 19 virus.

It seems fitting to put something in the magazine to record this and to give readers an insight into the history of the flower show.

Looking back through the archives we have found some highlights of some of the shows. A newspaper cutting from the 1960 show reveals that when Mrs Jackson Page opened the show she recalled that, from an idea put forward by her and supported by the members of Shebbear WI, it was decided to try to revive a flower show which had been held before the war.

A committee was formed under the chairmanship of the Rev Bickford Dickenson and the first show was held in 1954 in the Shebbear Village School.

Throughout the last 67 years there have been many people who have displayed their talents for growing prize-winning vegetables, fruits and flowers, as well as beautiful flower arrangements, delicious bread and cakes in the cookery classes and wine and home-made jams and preserves.

Over the years several well known people have been invited to open the show including in 1983 Lord & Lady Clinton from Merton and later for the 50th Show Sarah Chesters from Rosemoor as well as Pippa Quelch, broadcaster on Radio Devon. In 2001 following the foot & mouth outbreak Amanda Holden opened the show accompanied by Les Dennis.

The show which has attracted exhibitors locally as well as those who support it from a wider area is always held on the 4th Saturday in July and also includes a dog show on the field as well as sideshows and a barbecue. Teas are served in the school and it is a day when we all have a chance to see friends both old and new.

Over the years the Flower Show has developed and evolved whilst keeping its feet firmly rooted in traditional values.

It has been described as a whole village experience whereby one either exhibits, helps out or attends and supports on the day.

It is encouraging that even this year new people to the village have enquired about it and offered to help in any way they can. Sadly this year that will not be the case but we hope that next year we will all be able to enjoy the day and make it the best show ever.

Lorna Wyard

Mobile Libraries Return

Julie and Torrington Mobile Library will be back on the road bringing books to you from July 13th 2020.

To make sure that customers and staff are safe, we will only be offering a new type of contactless service for the time being. It's called Choose & Collect.

If you opt for a Choose & Collect delivery library staff will ask you about your reading likes and dislikes and select up to 5 books for you based on your preferences. The books will be issued to your library card, placed in a bag, and you simply collect them from your regular stop.

We are currently working through our records and calling as many customers as we can to offer this service. If you have not heard from us a week before your timetabled visit and would like a Choose & Collect delivery, please contact Torrington Library by email torrington.library@librariesunlimited.org.uk or calling 01805 622107 during their normal opening hours.

Remember to tell library staff you are a customer of the mobile library and which stop you use when you get in touch.

New customers are also welcome. Please contact Torrington Library to set up a new mobile library membership, and we will endeavour to deliver to you too. You do need a mobile library card even if you are already a member of a library without wheels. You can find an A-Z of where we visit and our timetable on our webpage devonlibraries.org.uk/web/arena/mobilelibraries

Mobile Library Assistant Julie is very glad to be out on the road again serving her customers. She hopes to be able to allow readers safely back on the mobile library to choose for themselves in the not too distant future. In the meantime, please bear with library staff while we get used to this new way of working and follow the instructions when you arrive at your stop. To stay up to date with Mobile Library news follow our Facebook page facebook.com/devonmobilelibraries.

You can find out more about services and reopening plans at other libraries visit devonlibraries.org.uk/web/arena/coronavirus-updates

Postal Subscriptions

We charge £12 annually for 6 issues, to cover the cost of posting them. Contact Barry Hunt on 01409 281233 or email zawcahbjh@gmail.com.

We are also happy to supply electronic versions of the magazine in pdf format, free of charge. Just let Barry know your wishes with an email address.

Bideford Gazette

July/August 1960

There was an exceptionally large entry for the Shebbear and Buckland Filleigh Flower and Vegetable Show held in the Village Hall. The show was opened by Mrs J Page.

Mr C G Bailey received the blue ribbon for the best exhibit in the show with an entry of runner beans. Other winners were: Mr T Winsor, Mr J T Mitchell, Mr G Moore, Mr A Ackland, Mr C G Bailey, Mr W A Balsdon, Mr N Knight, W J Pengelly, P Nethacott, Mrs P Nethacott, E P Tribble, Mrs J Griffin, Mrs K Sluggett, Miss J Griffin, Mrs Dymond, Miss Allin, Mrs J Hare, Mrs Olds, W R Newcombe, Mrs S Lott, Mr Broomhead, Miss M Newcombe, R Luxton, D Mayne, A Balkwill, Martin Robinson, S Davey, W Weekes, Mary Hare, Peter Sluggett and Sylvia Davey.

One of the first beef breed societies to start an intensive study on ways of improving the breed in line with modern methods and requirements is Devon Cattle Breeders' Society. Officials in the Ministry of Agriculture and other experts say that the breed societies were not doing enough progressive work. There were complicated problems such as A.I. and progeny testing where more initiative should be taken.

In the House of Commons, Mr Percy Browne, MP for Torrington, asked what progress had been made towards finding a vaccine to immunise cattle against Johne's Disease [*also known as paratuberculosis - Ed*] He was advised that research was ongoing but it could not be said when it was likely to yield positive results.

Brazil has been the principal importing country for Devon cattle since the war and a consignment of two bulls and four heifers were sent there in July by British Livestock Exports Ltd.

At Speech Day, Mr Jackson Page, MBE, BA, retired as senior master of Shebbear College after 39 years.

Do you know what a crisslin is? Apparently, they can be best described as a kind of cherry plum, yellow with red blotches, about the size of a sloe but without the bitterness. They make very acceptable jam and tarts. [*Tried Googling this, with no hits, so have Old Sheb on the case, if anyone else knows what this is, we would be delighted to hear from you - Mike*]

There are more items of local interest to view at the Bideford and District Community Archive based in the Council Offices, Windmill Lane, Northam. Open Monday-Wednesday 9.30-1pm. 01237 471714. Visit our website at www.bidefordarchive.org.uk

Janet Salter RIP

Dear Mrs Quance

Thank you for your letter re Reflecting Shebbear addressed to my wife Janet. It is with sadness that I am writing to you to let you know that she died in October last year.

Janet always looked forward to receiving and reading Reflecting Shebbear to which she subscribed since its earliest days. She enjoyed the news about friends in the village and about the activities in the area.

Janet's love of Shebbear sprang from the links her family had from the village since the nineteenth century. In the 1880s her forbears - the Sanders - left Shebbear to work in the tinsplate work in Neath in South Wales. Her grandfather then moved to Cardiff, but the families in Shebbear remained in touch with those who had left. So much so that Janet's summer holidays were spent in North Devon where she met lifelong friends.

Janet's father died when she was in her early twenties and she decided to move to Shebbear, here she lodged with Mrs Buse at Balkwill Cottages. There were many features of her stay which we spoke of often. She enjoyed her chapel attendances at Rowden, Caute and Lake, the whist drives and the events in the parish hall.

Janet found a job at Kivells in Holsworthy and travelled back and forth on her motor scooter before learning to drive, passing her test and buying a car from Bob and Doreen Ward.

Janet returned to Cardiff where we met and married in the presence of my friends and what seemed to be half the population of Shebbear who had travelled to Cardiff for the day. She did not forget Shebbear. She was always eager to read about the progress of Shebbear United either in letters from friends, or in Reflecting Shebbear, perhaps because she was Secretary of the club during her stay.

Visits to North Devon or Cornwall involved compulsory drives through Shebbear. I collect picture postcards, and this led to Janet collecting her own postcards of the area: I think that she had the world's biggest collection of Shebbear cards!

Janet helped me to see why she loved the village and its people. I wish you every success in the future of Reflecting Shebbear and of the village.

Please find a donation to the magazine in memory of Janet.

Yours sincerely
David Salter

Rainfall

Rainfall at Rowden from Ted Lott:

February	267 mm
March	105 mm
April	30 mm
May	5 mm
June	132 mm



Rainfall at St. Michael's Close from Gordon Slade:

March	123.5 mm
April	42 mm
May	22 mm
June	204 mm

Old Sheb's Lockdown Problem

It all started off with a letter to Old Sheb by none other than Mike. He had been studying an article describing how cob was made all those years ago when it was the local building material, and for cob to be made it involved mixing huge quantities of clay!

Barry came across the tool that was used to do this, a Cob Evil, and he wondered why a common fork was called an Evil in Devon?

Old Sheb remembers that when he was a boy (A long time ago), he would often be told 'Fetch the evil boy', and off he would go and bring the fork or as we knew it the prong (prung!) to do the job in hand. Old Sheb was a bit flummoxed, as everybody knew what an evil was, but why call a common dung fork, evil?

Old Sheb seems to remember that the answer (the only one he could think of!) he sent Mike was that it could be that in Devon the term (H) eave all, and wet clay would take some heaving, had become evil.

Old Sheb now thinks the answer he gave Mike a bit pathetic, when the opportunity arose Old Sheb asked none other than The General, Andrew Moore. Andrew's response was, when a picture is displayed of the Devil himself, he is usually shown holding a fork upright in his hand.

Maybe someone reading this may have another (or maybe more than one) explanation of our Devon evil. It would be good to know.

Devon's Covid-19 Advice

If you are interested in reading about Devon specific advice, or the plans laid down to control and minimise the possibility of further outbreaks, these can be found at:

<https://www.devon.gov.uk/coronavirus-advice-in-devon/>

A Light That Shines

Year seven students at Great Torrington School have been writing to residents at Hatchmoor Nursing Home, and in these dark days I thought that we would share an example of the light that still shines, despite the shadows of worry and fear. **Mike**

My name is Charlotte and I am writing this letter to give you some news because I know that you have less contact with your families due to coronavirus (Covid-19).

I am a year seven student and I attend Great Torrington school. I live in Torrington near the Puffing Billy. I live near a bridge called Rothern Bridge and last weekend men were clearing the wood that had accumulated there following the rainy season.

As schools are closed, I have been doing work at home in school times and I play outside in my big garden with my siblings after my school day has supposedly finished. Yesterday, I baked a cake [which] originated from Brittany with the recipe that was written by my French great grandmother. It is a lot different having to work at home and a lot harder.

I miss seeing my friends. All teachers still have to give homework through [the] internet and some of them have to go to school to look after children whose parents are key workers. This means that their parents do not need to take time off of their work job to take care of their children and can carry on supplying our communities with necessities. It is really nice to have some fresh air after you have been working inside a long time. I have 4 guinea pigs and they are really cute.

These are strange times that happened very suddenly and quickly spread. I am sure all the NHS are doing their best to help this situation and end it. All teachers, shop workers and all helpers are helpful as they can. I hope you found my letter interesting.

Charlotte

Dear Charlotte,

Matron has received many emails from Year 7 and she has asked me to answer some of them on behalf of the residents. My name is Ron and I am 91 years old. I have been a resident for about 10 weeks so I am quite a new boy yet and I hope I will be able to answer your note effectively.

You are correct in assuming that having less contact with our relatives makes life a little more tedious due to the interference of Covid19. With our iPhones we are better off than our predecessors. I was able to have a group chat on Sunday with my daughter and son and catch up on family gossip. It was lovely to see them both and I think they were pleased to see me safe and sound.

I remember the Puffing Billy and we have been on cycle rides from there and we have enjoyed walks from there when I was more agile. I have lived very close to Dartmoor since I retired, always good for a

walk and particularly loved by my old dog. I read that you have 4 guinea pigs, we had two and the children named them Starsky and Hutch after the two famous detectives on TV at the time. We have had dogs and hamsters at various times. We even looked after a frog who had badly injured one leg. We found him making a noise at the bottom of the chamber of the main stop cock into the bungalow. He stayed with us in the garden for ages.

I was very interested in your baking experience because I baked for myself and one or two neighbours until I came into the home. And how much better my own tasted, is that being a bighead or do you feel the same way? You are lucky to have access to your great-grandmothers book, I wish I had written down all the recipes my gran used but I was away in the Navy when she was ill and died. I did find a book of old farmhouse meals though and that has proved very useful over the years These are very strange times and I have been out just a couple of times since I was ill, and those were trips to the hospital in Exeter for treatment to my eyes. I shall be pleased to get my hands dirty again. Your letter has been most interesting,
Sincerely, **Ron**

The Aims Of Reflecting Shebbear Magazine

The Management Committee

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We actively seek interesting factual stories, news items, reports etc. as well as more subjective material such as short stories, poetry, book reviews, recipes and local gardening tips, or other suggestions for new material suitable for publication.

Publication of any statement or opinion in letters or articles, should not thereby be considered as representing the views of the editorial team, or the Reflecting Shebbear Magazine Committee.

The Aims of Reflecting Shebbear are:

- To produce a non – political magazine serving the people of the parish of Shebbear;
- Provide them with local parish and Devon based articles of interest;
- Provide information on activities in the parish and surrounding area;
- To strive to produce a magazine that villagers take an interest in, and are proud of;
- To promote local businesses through the provision of advertising space;
- To be self-sustaining through the generation of income, with any surplus profit being used to support projects and village organisations, for the benefit of Shebbear residents.

01271 322362 
Northern Devon Healthcare
NHS Trust

Weekdays: 8.00am - 4.00pm

Website: www.northdevonhealth.nhs.uk

For the families of patients who have died in hospital, we offer support and signposting to appropriate services if required. This includes chaplaincy and access to religious support, (which may involve referrals to community clergy and local faith leaders).

Helpline times:

Mondays & Tuesdays 1.00pm - 4.00pm • Wednesdays & Thursdays 10.30am - 2.00pm

Email: devon@cruse.org.uk Website: www.cruse.org.uk

We offer bereavement support, advice and information to children, young people and adults. Currently we are able to offer telephone, email or Zoom support.

 Cruse
Bereavement
Care
0300 330 5466
Reg. Charity No. 208078


Families in Grief
01237 479027
Reg. Charity No. 1116474

Weekdays: At this time we are using voicemail which is accessed Monday - Thursday
email: info@familiesingrief.org Website: www.familiesingrief.org

We support children, young people and their families who have experienced the death of someone close to them.

Weekdays: 9.00am - 5.00pm email: southwesthelper@mariecurie.org.uk

Website: www.mariecurie.org.uk This service is delivered by trained volunteers to support people either bereaved or in emotional distress (this could be before bereavement)



0800 3047 412
Reg. Charity No. 207994


NORTH DEVON
Hospice
01271 347225
Reg. Charity No. 286554

Weekdays 9.00am - 5.00pm. Email: scteam@northdevonhospice.org.uk

Website: www.northdevonhospice.org.uk. We have two experienced counsellors who are offering support at this time. If no-one is in the office, our voicemail is listened to regularly.

Holsworthy Walk and Talk

In line with Government Guidelines we are now offering weekly Friday walks again.

We are able to carry out walks in groups of six people made up of one walk leader and five participants. We have set out a new programme of walks which can be found on the 'Walking for Health' website or by request from 'holsworthywalkandtalk@gmail.com'. There are several other changes which we have had to implement as below.

Pre-booking of walks is essential and is through the walk leader named on the programme. As we have a limited number of walk leaders available for each walk pre-booking is essential and anyone who just turns up on the day, as was the previous system, will now no longer be able to walk on that day.

Here's how it works: Pre-booking opens six days prior to a scheduled walk and closes again on the Thursday at 12 noon. Please leave your telephone number when pre-booking (if you reach an answerphone) so that we can then get back to you Thursday pm to confirm that there is a space for you on that Friday.

You will then be given the name of your walk leader for that day and the time that your walk will start. As we are walking in groups of six, each group will set off with 15 minute gaps to allow for social distancing.

Social distancing rules must also apply within each group and towards any other people we meet en route.

Car parking: As car sharing is now not allowed we have chosen walks which have adequate car parking facilities.

It may sound complicated but we have completed a number of walks using this system and it is working satisfactorily. At Halwill Junction recently, we had a total of 12 participants and three walk leaders. Each group set off at 15 minutes intervals which just about gave each group time to arrive back at the car park before the next group returned.

Walk Schedule

Friday 7 August 2020 Pyworthy
Friday 14th August 2020 Buckland Filleigh (level 2/Level 3 options)
Friday 21st August 2020 Kilkhampton (New routes Level 2/Level 3 options)
Friday 28th August 2020 Cookworthy Forest
Friday 4th September 2020 Dunsdon Nature Reserve

Full Booking Details on programme available from www.walkingforhealth.org.uk
holsworthywalkandtalk@gmail.com or
Michael Jackson
01409 261196

Gillian Aston



Community Contacts

Police/Emergency

Police Non emergency 101
 Crime Stoppers 0800 555111
 Sergeant Sarah Jepp 11936 Neighbourhood Team
 Leader or Rural Beat Officer PCSO 30335 Melissa Baker contact via 101
 Neighbourhood Watch tbc
 Environment Agency Floodline 0845 9881188
 South West Water Emergency 0800 1691133
 General 0800 1691144
 Devon Highways Simon Phillips 0845 1551004
 Western Power Emergency 0800 365900
 Samaritans 116 123
 Child Line 0800 1111

Doctors

Blake House B Torrington 01409 231628 or 335830
 Ex Beech House now Holsworthy 01409 253692
 Out of Hours 111
 NHS Helpline 111

Hospitals

North Devon District Hospital (A&E) Open 24 hrs
 01271 322577

Minor injury units - Please contact first

Stratton Hospital 01288 287713
 Open 24 hours
 Holsworthy Medical Centre 01409 253692
 Open weekdays 8.30am – 5.45pm
 Bideford Hospital 01237 420205
 Open 8am – 8pm

Churches

St Michael's Martin Warren 01409 281424
 Parish Room Fiona Goode 01409 281686
 Lake Chapel Ted Lott 01409 281242

Councils

MP Geoffrey Cox MP 01237 459001
 Torridge Council 01237 428700
 County Councillor: Barry Parsons 07739 972043
 barry.parsons@devon.gov.uk
 District Councillors: David Hurley 01805 601604
 Richard Wiseman 01837 810404
 Parish Council Clerk: Mary Whatley 01409 281930
 PC Vice Chair / Acting Chair: Nick Whatley 281930

Recycling Centres

Devon County Council Waste Management
 0845 1551010
 Anvil Corner, Holsworthy & Deepmoor, Torrington



Schools

Shebbear Community Primary 01409 281220
 Headteacher: Nick Alford

Emergency Contact - Out of Hours

K9 on 0800 84 96 84 93

Chair Governors: Mrs C Coward
 Administrator Sue Hawker
 SSSG Chair Leanne Marshall 01409 281626
 leannemarshall03@outlook.com

Secretary

Shebbear College 01409 282000

Headteacher: Mrs Caroline Kirby
 Chair Governors: Mike Saltmarsh
 Director of Admissions and Recruitment
 Naomi Giddy ngiddy@shebbearcollege.co.uk

Little Bears/ Cub Bears & Toddlers

Administrator Selina Wollacott 01409 281280
 selinawollacott123@btinternet.com

Village Hall

Chairman: Lucy Luxton 01409 281790
 Secretary: Katie Ashton 01409 282921
 Treasurer: Marie Guppy (even'g only) 01409 282843

General

WI Pat Kirby 01409 281148
 Youth Club Lisa James 01409 281126
 Lunch Club Lorna Wyard 01409 281465

Special interest

Community Coffee Morning Margaret Quance
 01409 281838

Shunters Secretary Mary Whatley 01409 281930
 Historical Society Ron Ackland 01409 281451
 SLS Allstars, Majorette Troop Lisa 01805601172
 Craft Carole Stairs 01409 281110
 Dance Fitness Yoga at The Studio, Alscott Farm
 Jennie Dodd 07776465236

Zumba / Aqua Zumba with Lucy 01409 281790
 Yoga at the Village Hall Di Sluggett 01409 281637
 1st Holsworthy Scouts, Cubs, Beavers 01409 254803
 Guides 01409 211319
 Brownies 01409 254727
 Ruby Oak Park, Brandis Corner Laura Morrish
 Children's Swimming Instructor 01409 221580

Sport

Football club Mike Edge 01409 281377
 Short Mat Bowls Jenny Gubb 01805 601427
 Skittles Geraldine Slade 01409 281426
 Shebbear Shooters Rich Clark 01409 281660
 Tae Kwon-do Tom Douglas 01409281920

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For corrections or additions contact the above or
 Mike at salamanderservices@gmail.com

www.shebbearfarmfest.com Sheb Fes at Allacott Farm 3 - 4 September 2021, check the website regularly for updates

